Autism/ADHD Assessment

Parents often reach out for help to know how to understand and respond to the challenges they face with their children.

When development doesn't seem to be going as expected, it is common for parents to wonder, "Is my child neurodivergent?" In essence, a parent can feel desperate to know how to best help their child.

The assessments that we conduct at Lifespan have been carefully designed to try to help parents to think about what happens for their child and what happens in the family.

Whether or not a child meets the criteria for a diagnosis, we hope that this assessment will help parents to understand their child more deeply. A child who feels they are understandable to others is more likely to meet developmental challenges with confidence.

- 1. Initial Interview & Developmental History (parent attend 1-2 sessions as required)
- 2. Observations

(parent/s and child attend)

(allow 2 hours)

(allow 1-2 hours)



Is there enough evidence to warrant proceeding with assessment?



We will discuss alternate possibilities together and how you might proceed

3. Diagnostic Interviews

Part 1: parent/s attend

Part 2: parent/s and child (8 years +) attend

Part 3: teacher or alternative caregiver

(allow 1 hour)

(allow 1 hour)

(allow 1 hour)

- 4. Mail out assessments (completed by parent/s at home)
- Feedback Discussion if criteria not met (parent/s to attend)

(allow 1 hour)



Are essential criteria for Autism Spectrum Disorder or ADHD met?

NO

We will discuss alternate possibilities together and how you might proceed

6. Cognitive Assessment

(child attends)

(allow 3 hours)

Where a family is looking to access financial support (e.g., through NDIS), the following are additionally essential:

7. Adaptive Behaviour Assessment (parent/s attend)

(allow 1 hour)

Feedback Session with clinical formulation and written report prepared by assessor (allow 1 hour)